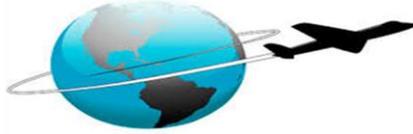


# REGENT MEDICAL PRACTICE

## TRAVEL VACCINATIONS AVAILABLE ON THE NHS



As with all GP Practices, we are working under increasing pressure and are having to prioritise the services we can provide.

As from 1 July 2017, we will no longer be able to provide a free Travel Advice Service. Offering travel advice is predominantly a **non-NHS** service and is extremely time consuming for our Practice Nurse. Her time can be more productively used meeting NHS service demands.

The following vaccinations are commonly required for many holiday destinations and are free of charge on the NHS:

**DIPHTHERIA/TETANUS/POLIO (COMBINED)**  
**HEPATITIS A**  
**TYPHOID**

These can be administered by our Practice Nurse in the surgery, if required.

If you require any of the above vaccinations, please request a prescription in advance and make an appointment with the Practice Nurse for the vaccines to be administered.

Other vaccinations may be necessary for more exotic or unusual destinations, complex travel itineraries, or long-stay vacations. These need to be administered in a private travel health clinic, for which there will be a charge. Also, if you prefer to have all vaccinations done at the one location the private clinics are able to provide the vaccines available on the NHS, but they will also charge for these. It is the individual's responsibility to ascertain which vaccinations and, if relevant, anti-malaria tablets they need and also to make themselves fully aware of recommended travel safe precautions.

We strongly advise you to check your requirements (**at least 3 months before travel**) as sometimes a course of up to 3 vaccinations needs to be given over the course of several weeks.

The NHS Fit for Travel website at [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk), will provide all the information relevant to the country you are visiting and is straightforward to use.

**Our Practice Nurse will no longer offer appointments for travel advice. The extent of the travel advice she provides will be to administer the vaccinations above, available on the NHS.**